

Year 3 Curriculum For Life



I am learning to recognise change is part of growing up

Growing Up

When I was a baby, I could not walk and when I tried I just would fall over. When I was a baby I could not see at all.

Now I am a child, I can see and walk and not fall over and hurt myself. Now I am a child I can do cartwheels.

When I am a grown up, I would like to be a famous tiktok and gambler.

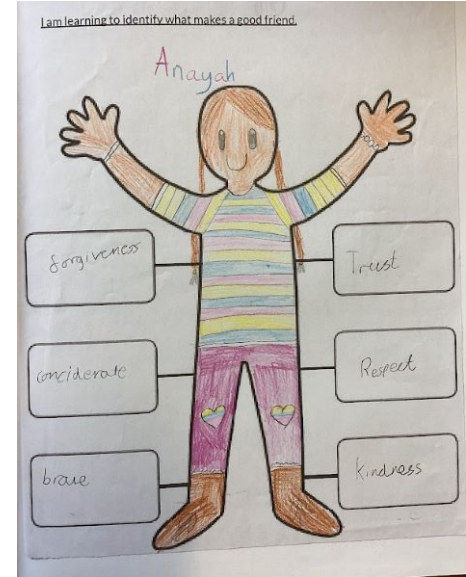
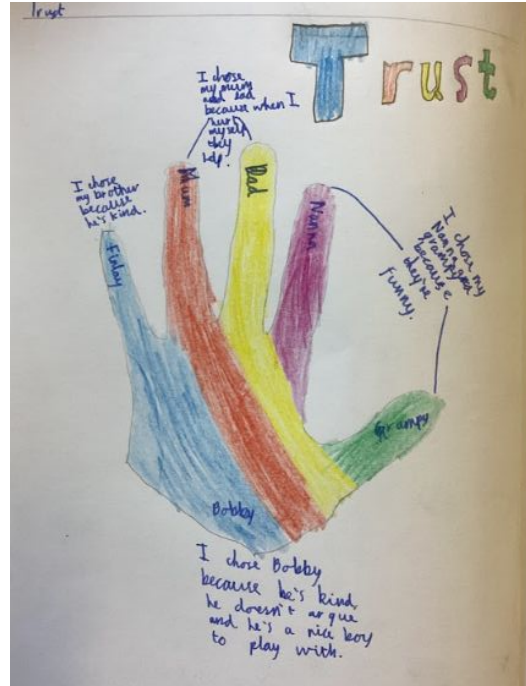
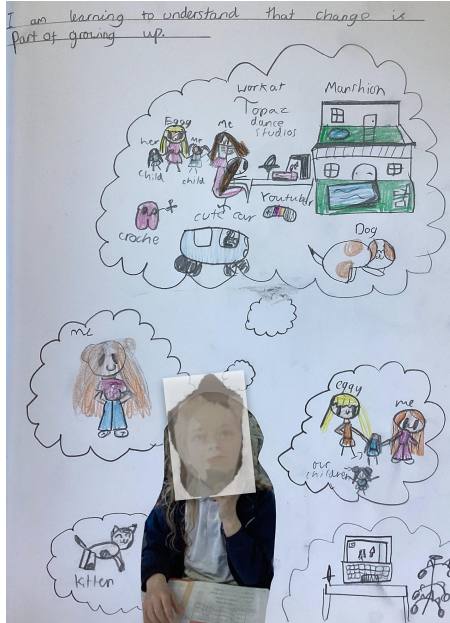
am learning to live a healthy life style.

My Healthy Diary

	Food	Exercise	Rest/Relaxation
Monday	peas, carrots	push ups, Jogging, Sit ups	Colour, Read, relax on Sofa
Tuesday	bananas, apple, grapes	push ups, sit ups, swimming	Read, colour, listen to music
Wednesday	water	Jogging, push ups, walking	Read, listen to music, Relax on sofa
Thursday	fish, water, carrots	Running, Jogging, walking	listen to music, relax on sofa, colour
Friday	lemon	walking, Jogging, push ups, sit ups	Relax on sofa, colour, Read
Saturday		push ups, sit up, walking, jogging, running	colour, Read, relax on sofa, listen to music
Sunday		Running, walking, Jogging, push ups	Read, listen to music, relax on sofa, colour

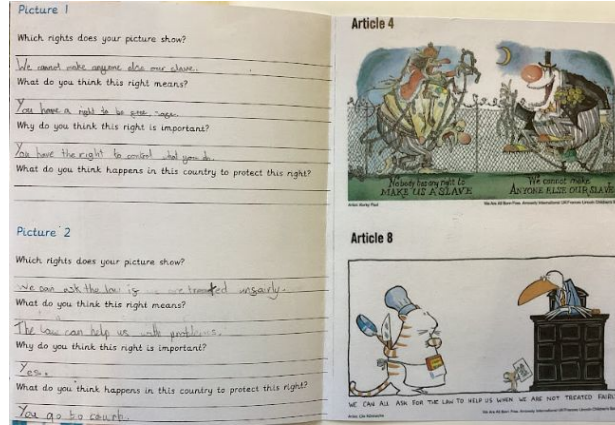
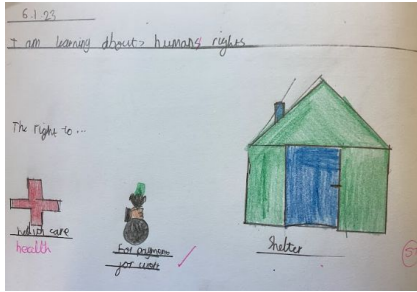
Health & Wellbeing

Year 3 Curriculum For Life



Relationships

Year 3 Curriculum For Life



Roles in society



In class you discussed lots of jobs that are important to the success of our society.

Q. What job would you like to have when you are older?

Scientist.

Q. How would you help society by doing this job?

By making a new vaccine vaccine.

Q. What might happen to society if nobody did this job?

people might get very ill.

Q. What training do you need to do this job?

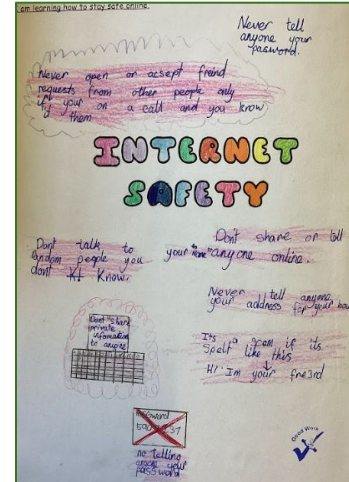
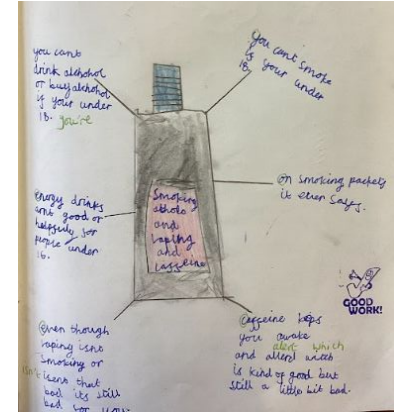
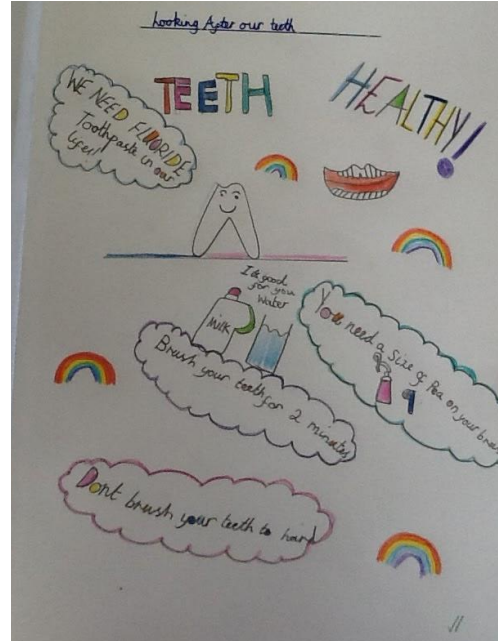
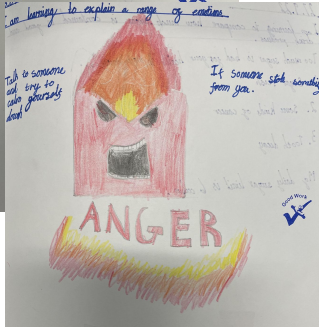
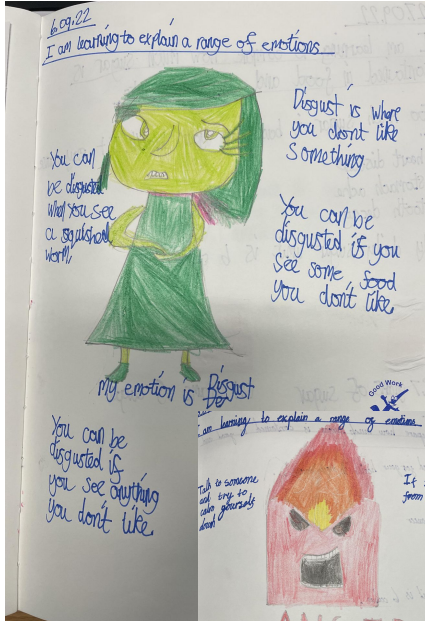
Being in college and doing chemistry

I am learning to understand how to look after money

	Group 1	Group 2	Group 3	Group 4	Group 5
How the money was lost?	drop it	drop it	drop it	drop it	stolen
How does the person losing the money feel about it?	Sad	upset	really sad	sad	cross
How does the person gaining the money feel?	Happy	Joyful	Happy	nice	Sad
How could the person avoid losing money in the future?	be careful	don't hold in hand	gets purse	try not to drop	put it in a Zipper Bag

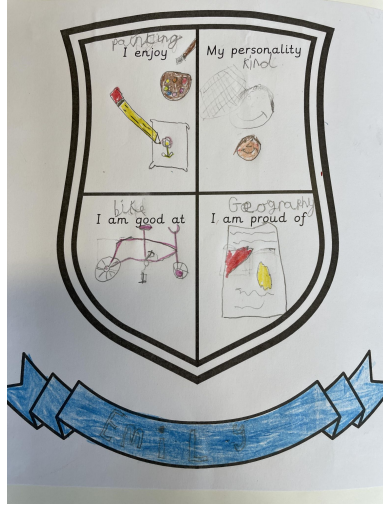
Living In The Wider World

Year 4 Curriculum For Life



Health & Wellbeing

Year 4 Curriculum For Life

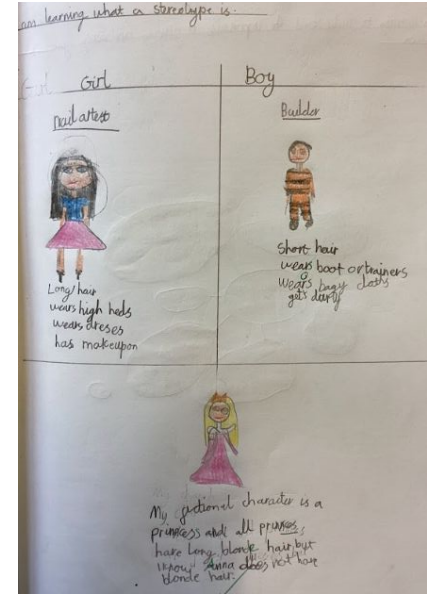


Jay wants to borrow their friends dress to wear at a party

Who is the character/what do they want?	Who do they need to ask/how do they ask?	What does the other person say?	How do they respond if the person said yes?
Jay and he wants to borrow their friends dress to wear at a party.	Jay needs to ask his friend politely.	Jays friend says yes but if he gets it dirty or breaks it he has to wash it.	Jay says thank you and that he will be careful.
What would happen if the person said no?	How can the character show they respect the decision?	What happens next?	How does the story end?

I am learning that all families are different.

Features of Positive Family Relationships			
Family members...	Always	Sometimes	Never
...like doing all the same things.	☐	☒	☐
...help each other.	☐	☒	☐
...hug each other.	☒	☐	☐
...get cross with each other.	☐	☒	☐
...look out for each other.	☒	☐	☐
...cheer each other up.	☐	☒	☐
...listen to each other.	☐	☒	☐
...have fun.	☒	☐	☐
...speak kindly to each other.	☐	☒	☐
...stay in touch	☐	☒	☐
...your idea	☐	☒	☒
Get a stake.			
Go to the park.	☐	☐	☒

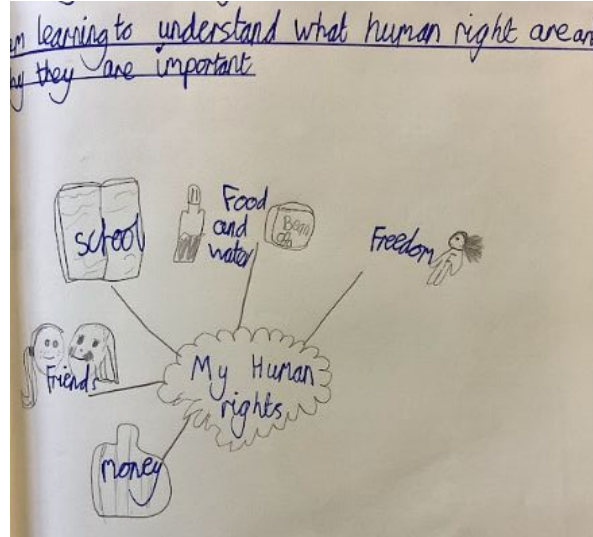


Relationships

Year 4 Curriculum For Life

Happiness 😊 Getting money for my birthday because I may have saved for a long time to buy a new switch game.	Anger 😡 My Sister getting £100 in her bank account just because she was good for 1 hour and I was tidying the whole house.
Surprise 😮 Your sister offering to pay for something because I've been good for a week.	Jealousy 😏 Giving money to charity and not to me. What happened?!

John Wong



1.2.23
I am learning to understand climate change. ✓ HLTA

The Earth is trapped with a green house around it. At night it cools down but releases back into the air.

Plastic like this can really hurt sea animals because it goes round their neck and body. We can help this by not pulling it on the floor and putting it in the bin instead.

Living In The Wider World

Year 5 Curriculum For Life

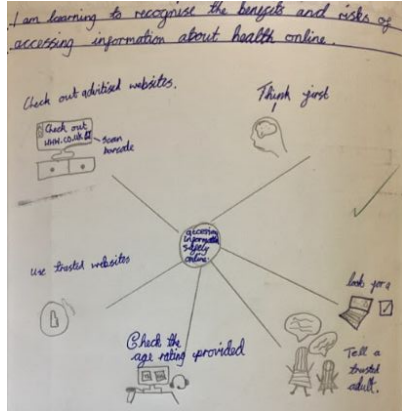
Starter Activity Choking

Use your drawing, label and knowledge to explain what you could do if they come to the 4 steps.

Step 1. Ask the casualty is they are choking.	Step 2. Encourage them to cough.	Step 3. Give 5 back blows using the heel of your hand. Below life-thruster video.
Step 4. Give up to 5 timing strokes abdominal thrusts.	Step 5. If this is not successful call 999 or 112 for other help.	Step 6. Report to the school nurse.



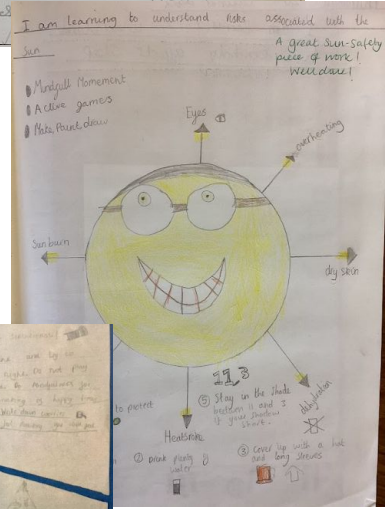
St John's Ambulance



Medicine	What does it look like?	What is it used for?	Why is it used?	How is it used?	Everyday or emergency?
Inhaler		It is used to help people with their breathing.	It is used to prevent people that have asthma from dying.	You press down on a circular button with your index finger into your mouth.	Both
Allergy tablets		People who have an allergy.	It is used for people who have an allergy.	You take it with water or a meal.	Both
Paracetamol		It is used for people who have the bad headaches.	It is used for people who have the bad headaches.	You take it with water.	Emergency
Epipen		It is used for people who have an allergy.	It is used for people who have an allergy.	You stab it with water.	Emergency
Insulin		It is used for people who don't have a hormone called insulin.	It is used for people who don't have a hormone called insulin.	You inject it into your body.	Everyday
Flu vaccine		It is used for people who don't have a hormone called insulin.	It is used for people who don't have a hormone called insulin.	You get a shot in your nose.	Everyday

What type of dish will this be? Breakfast meal

Ingredient	Calories
3 Eggs	(234) kcal
1 banana	(107) kcal
2 mushrooms	(65) kcal
10 strawberries	(50) kcal
1 blueberry	(44) kcal
1 glass of water	



Ages 7-11

How technology might affect sleep

Activity before bed	Mobile phone	TV	Laptop	Tablet	Smartwatch	Smart speaker	Smart light
Mobile phone	0	0	0	-1	0	0	0
Laptop	-2	-5	-5	-3	-5	-1	-5
TV	-5	-5	-5	-1	-5	-5	-5
TV	0	0	-1	-1	0	-1	0
Laptop	0	0	-1	-1	0	0	0

SCORING: No impact 0, Positive impact 1 to 5, Negative impact -1 to -5

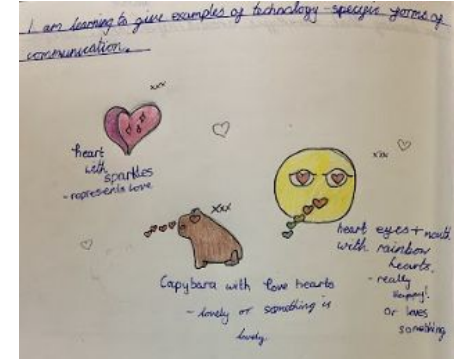
Now make some of your own!

PROJECT EVOLVE



Health & Wellbeing

Year 5 Curriculum For Life

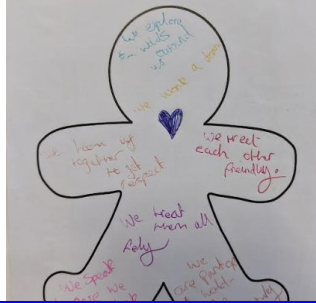


Relationships

Year 5 Curriculum For Life

Being an active citizen

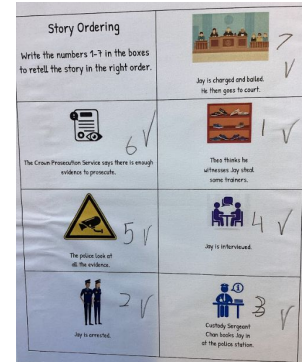
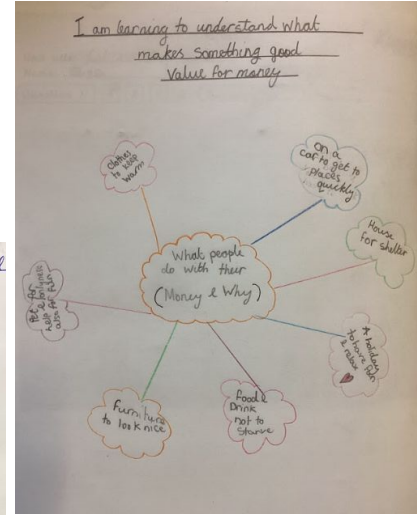
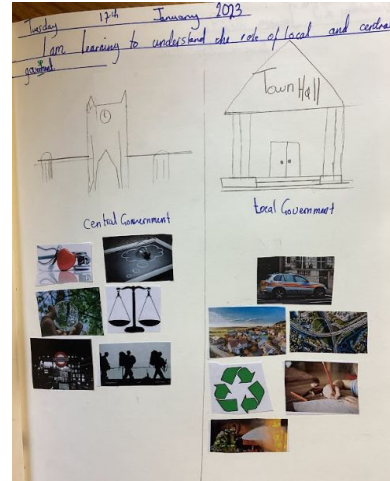
Draw or describe all the skills and qualities an active citizen should have:



The HSBC workshop taught me about using security to protect online bank accounts.

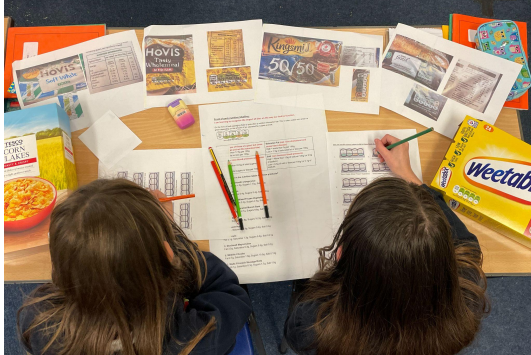


Learning to survive how attitudes & gender have changed over time

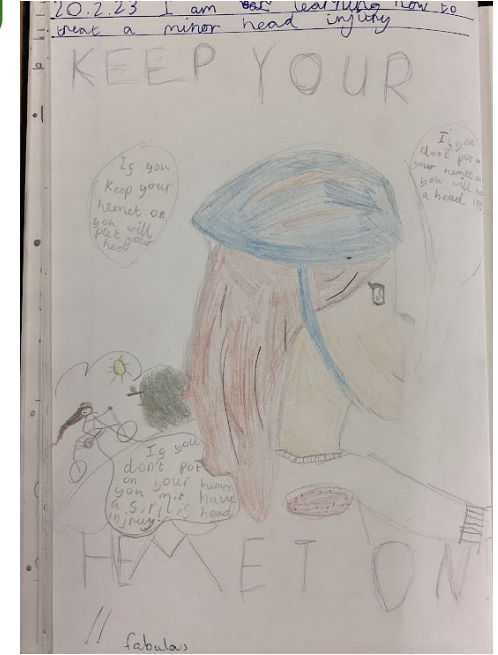


Living In The Wider World

Year 6 Curriculum For Life

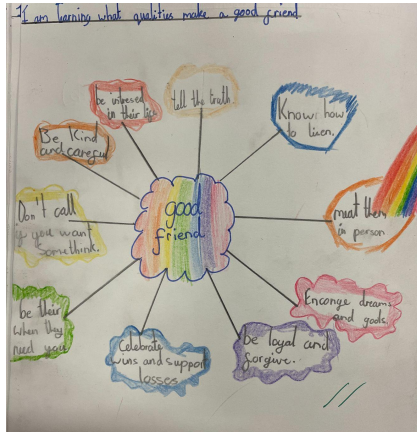


Life events and circumstances	How it might affect someone and their feelings	What could help?
Moving to a new area	feeling like they don't make new friends, working to come back to the city, feeling lonely, depressed.	Remembering you will make new friends and how you will have a fresh start at your new school.
Moving School	feeling upset, worried, scared, lonely, like they are not going to make new friends.	You could try calm down and remember that you will be able to definitely make new friends.
New sibling	either feeling like their new baby sister/brother is getting all the attention, or they are feeling left out and lonely.	Thinking positive and taking your mind off it by writing a journal about your feelings and worried.
Friend moves away	It's their best friend but they might feel lonely and sad they have left the school or area.	Be kind to others and see if you can make more friends, and you could talk to the friend that moved away online. If they don't move away, you could try to see if you could go to see them to meet up.
family member passes away	upset, missing them and worried about them, concerned, lonely.	Think about how they are probably in a better place, or talking to a family member how you feel.



Health & Wellbeing

Year 6 Curriculum For Life



I am learning to recognise prejudice and discrimination and know how this can be challenged.

Prejudice:

making assumptions about someone based on certain information.

Discrimination:

Treating someone differently because of certain factors.

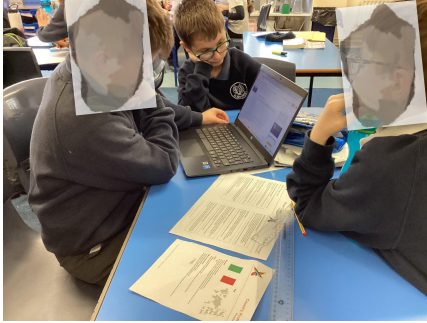
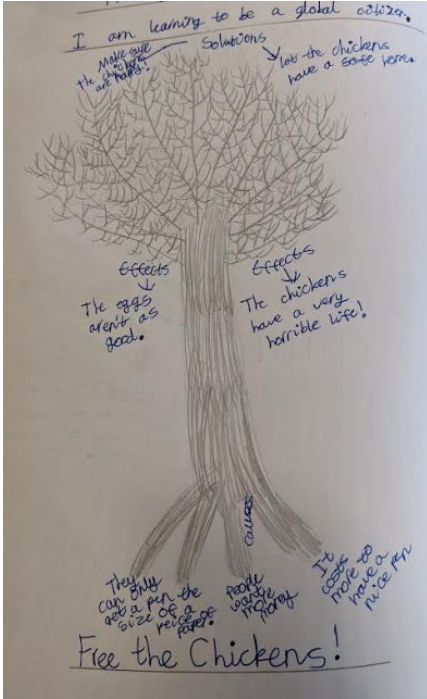
Monday 22nd May
I am learning to be respectful online

Respect Charter

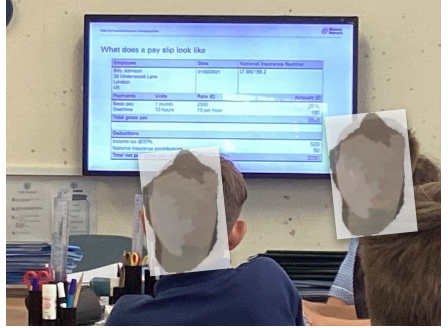
- * Don't talk to strangers.
- * Don't share photos/videos without permission.
- * Don't be rude.
- * Tell an adult if you receive inappropriate messages.
- * Be kind in your messages.
- * Think before you post.

Relationships

Year 6 Curriculum For Life



I never really understood how people were paid. The HSBC workshop made me realise how important it is to save!



Living In The Wider World