



Elmhurst Junior School

Motivated and empowered; influencing the world we live in to bring about positive change.

Autumn Term 1

Week 1

WC 8/09/25



A message from Ms Airey and the team



Dear parents and carers

It's been wonderful to see the school buzzing with energy again! We're officially back in the swing of things, and it's so lovely to see the children settling into their new classes. Our Year 3 pupils are already a huge part of the EJS family!

A quick and important note for our PE sessions: please remember to remove or cover your child's earrings on PE days. This is a standard rule for schools across the country and is in place to keep every child safe and sound. We truly appreciate your help with this.

We are very aware of the initial snags with the My Child at School app which we hope have been sorted out and that you're receiving our messages loud and clear. If you still need a hand getting set up on Bromcom/My Child at School, don't hesitate to reach out to the school office for support

As you know, the wonderful British weather has been a mix of sun, wind, and rain lately. Please make sure your child brings a coat to school every day. We love getting the children outside for play times whenever we can, even if it's just a little bit rainy.

We hope you have a fantastic weekend!

Best wishes

Ms. Airey and the EJS Team



Elmhurst Events



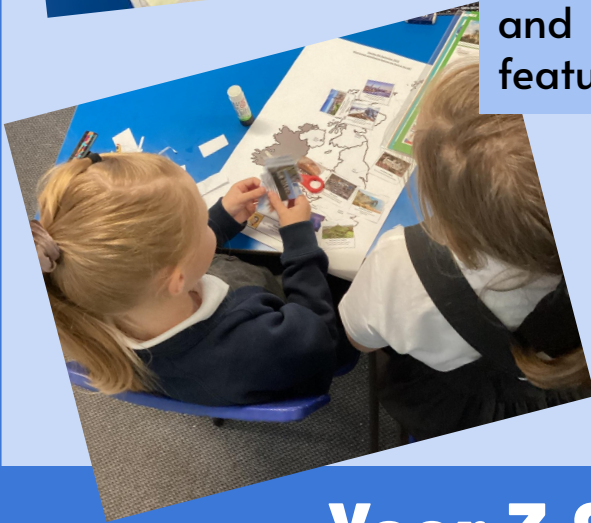
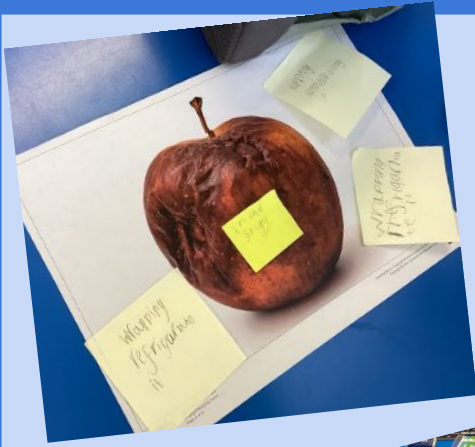
CLICK HERE



Autumn Term 1

Friday 3rd October	Open Class session for parents 9:15am - 9:45am
Friday 3rd October	Year 3 and 4 Harvest Celebration (Year 3 & 4 parents only)
Tuesday 14th October	Parent teacher consultations 3:30pm onwards
Thursday 16th October	Parent teacher consultations 3:30pm onwards
Thursday 23rd October	Last Day of Autumn 1 Term for pupils
Half Term	
Monday 3rd November	First Day of Autumn 2 Term

In **Design & Technology**, we learnt about different methods for preserving food. In **Science**, this week we have been learning about producers and consumers. In **Geography**, we have been learning to recognise human and physical geographical features.



Year 3 & 4: Ash, Fir & Willow Class



In **Science** , we have been learning about contact and non-contact forces. We tried tug of war which incorporated pulling (contact force) and friction (contact force).

In **PE** we have been using hand apparatus.



Year 5: Oak & Yew Class



Tuesday 9th September ISLAM (K.E)

Question 1 Islam means 'submission to the will of...'
 Madras God Arabia

Question 2 Followers of Islam are called...
 Prophets Muslims Madras

Question 3 Muslims believe that Islam was revealed over 1400 years ago in...
 Jerusalem Mekkah India

Question 4 Muslims believe there is one God called...
 Muhammad God Allah

Question 5 Muslim believe Muhammad was a...
 Prophet Imam God

Question 6 True or False?
 There are lots of pictures and statues of Muhammad.

What is Islam? The word Islam in Arabic means submission to the will of God. Followers of Islam are called Muslims. Muslims believe that Islam was revealed 1400 years ago in Mekkah, Arabia.

Question 7 How many pillars of Islam are there?
 None 1 10

Question 8 The holy book of Islam is called...
 The Torah The Bible The Quran

Question 9 Muslims worship in a building called a...
 Mosque Mandir Temple

Question 10 An... leads worship in a mosque and is an important community figure.
 Monk Priest Imam

We have had a busy start to year 6. We have been learning about our bodily systems in **Science** and have started with the circulatory system as it supports all of the 7 life processes.

In **RE** with have learning about learning about Islam, in **DT** we have been considering the **PROS** and **CONS** of processed foods and in **Gym** we have been performing handstands.

Advantages	Disadvantages
<p>PRO</p> <ul style="list-style-type: none"> Processed foods are easier to digest and absorb. Processed foods often have longer shelf lives. They are often more convenient and easier to eat. They can be a good source of vitamins and minerals. They can be a good source of energy. They can be a good source of protein. They can be a good source of fibre. They can be a good source of antioxidants. They can be a good source of omega-3 fatty acids. They can be a good source of calcium. They can be a good source of iron. They can be a good source of potassium. They can be a good source of magnesium. They can be a good source of zinc. They can be a good source of selenium. They can be a good source of copper. They can be a good source of manganese. They can be a good source of phosphorus. They can be a good source of iodine. They can be a good source of fluoride. They can be a good source of chromium. They can be a good source of cobalt. They can be a good source of nickel. They can be a good source of boron. They can be a good source of vanadium. They can be a good source of molybdenum. They can be a good source of silicon. They can be a good source of strontium. They can be a good source of yttrium. They can be a good source of zirconium. They can be a good source of niobium. They can be a good source of hafnium. They can be a good source of tantalum. They can be a good source of tungsten. They can be a good source of rhenium. They can be a good source of ruthenium. They can be a good source of rhodium. They can be a good source of palladium. They can be a good source of silver. They can be a good source of cadmium. They can be a good source of mercury. They can be a good source of thallium. They can be a good source of lead. They can be a good source of bismuth. They can be a good source of polonium. They can be a good source of astatine. They can be a good source of francium. They can be a good source of radium. They can be a good source of actinium. They can be a good source of thorium. They can be a good source of protactinium. They can be a good source of uranium. They can be a good source of neptunium. They can be a good source of plutonium. They can be a good source of americium. They can be a good source of curium. They can be a good source of berkelium. They can be a good source of californium. They can be a good source of einsteinium. They can be a good source of fermium. They can be a good source of mendelevium. They can be a good source of nobelium. They can be a good source of lawrencium. 	<ul style="list-style-type: none"> They often contain high levels of sugar, salt, and fat. They can be high in calories. They can be high in saturated fat. They can be high in sodium. They can be high in added sugars. They can be high in trans fats. They can be high in refined carbohydrates. They can be high in artificial sweeteners. They can be high in artificial colors and flavors. They can be high in artificial preservatives. They can be high in artificial hormones. They can be high in artificial growth factors. They can be high in artificial vitamins and minerals. They can be high in artificial antioxidants. They can be high in artificial omega-3 fatty acids. They can be high in artificial calcium. They can be high in artificial iron. They can be high in artificial potassium. They can be high in artificial magnesium. They can be high in artificial zinc. They can be high in artificial selenium. They can be high in artificial copper. They can be high in artificial manganese. They can be high in artificial phosphorus. They can be high in artificial iodine. They can be high in artificial fluoride. They can be high in artificial chromium. They can be high in artificial cobalt. They can be high in artificial nickel. They can be high in artificial boron. They can be high in artificial vanadium. They can be high in artificial molybdenum. They can be high in artificial silicon. They can be high in artificial strontium. They can be high in artificial yttrium. They can be high in artificial zirconium. They can be high in artificial niobium. They can be high in artificial hafnium. They can be high in artificial tantalum. They can be high in artificial tungsten. They can be high in artificial rhenium. They can be high in artificial ruthenium. They can be high in artificial rhodium. They can be high in artificial palladium. They can be high in artificial silver. They can be high in artificial cadmium. They can be high in artificial mercury. They can be high in artificial thallium. They can be high in artificial lead. They can be high in artificial bismuth. They can be high in artificial polonium. They can be high in artificial astatine. They can be high in artificial francium. They can be high in artificial radium. They can be high in artificial actinium. They can be high in artificial thorium. They can be high in artificial protactinium. They can be high in artificial uranium. They can be high in artificial neptunium. They can be high in artificial plutonium. They can be high in artificial americium. They can be high in artificial curium. They can be high in artificial berkelium. They can be high in artificial californium. They can be high in artificial einsteinium. They can be high in artificial fermium. They can be high in artificial mendelevium. They can be high in artificial nobelium. They can be high in artificial lawrencium.

Wednesday 10th September FOOD FOR LIFE (D.T)

What are the PROS and CONS of processed foods? Processed food is any food that has been changed during its preparation.

PROS = Advantages

CONS = Disadvantages

How is food processed?

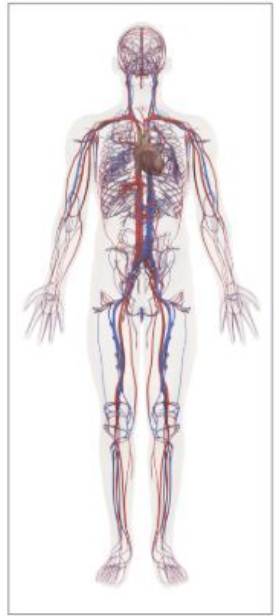
- drying
- baking
- pasteurising
- freezing
- canning
- washing
- cutting
- heating
- filtering

How is processed food categorised?

Minimally processed

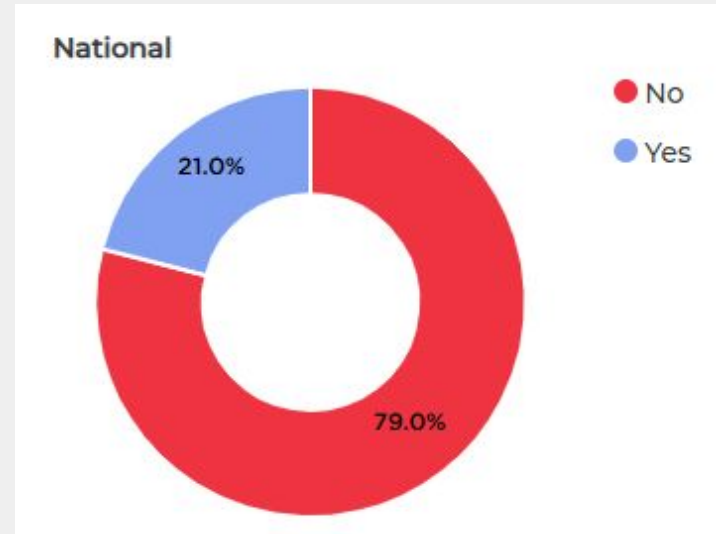
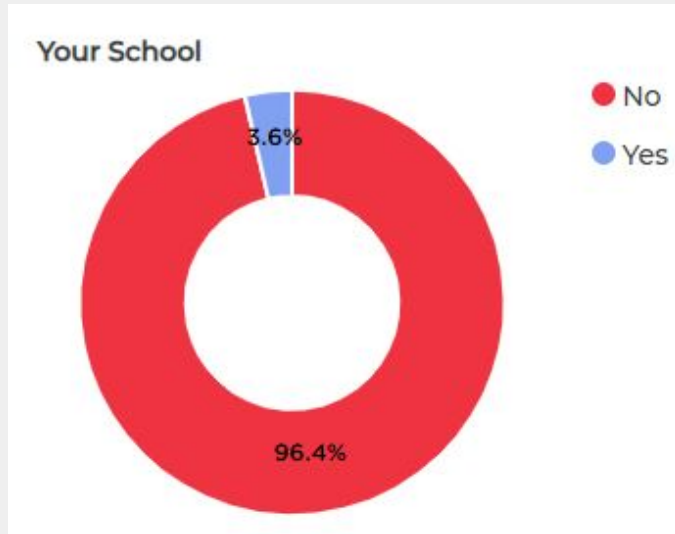
Ultra-processed

Circulatory system



Year 6: Rowan & Hazel Class

Should businesses only think about making money?



This week's topic asked voters to consider what other priorities – if any – businesses should have besides making money.



Elmhurst News



In assemblies and our weekly newsletters, we share a range of achievements from our school community.

Please keep us posted—we would love to celebrate with you!



Class Open Sessions

Class Open Sessions are an opportunity for parents and carers to visit their child's classroom to see their learning environment and look at their work.



We endeavour to provide a range of times for the class open sessions to accommodate as many families as possible. We look forward to seeing you at our next Class Open Session on **Friday 3rd October 9.15-9.45am**



COME JOIN US FOR

HARVEST festival

A Year 3 and 4 celebration with songs and readings!

OCT

3RD

10AM

In the school hall AFTER the
Open Class session (9.15-9.45)

As part of our celebrations:

- Children can come to school dressed as farmers (jeans/dungarees, checked shirts, boots etc)
- We will be collecting donations for the Salvation Army Food Bank. Please see the attached leaflet for more information.

See you soon!

Elmhurst Etiquette Certificates

Elmhurst Etiquette certificates are given to pupils that demonstrate **Elmhurst Etiquette** and our **school values** in everything they do.



The pupil's parents/carers will be invited to attend our **Celebration Assembly**.

These certificates are **not** given out every week - only when somebody has been chosen by their teacher.

House Captains

We are so proud of our Year 6 children, who stood for house captains! The votes were extremely close. The children spoke confidently and clearly about the qualities they could bring to the role!

KAHLO

Alice
(Captain)
Rudy (Deputy)

NIGHTINGALE

Eloise (Captain)
Jayden
(Deputy)



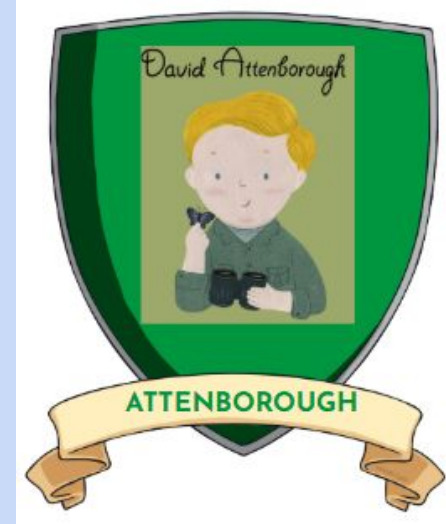
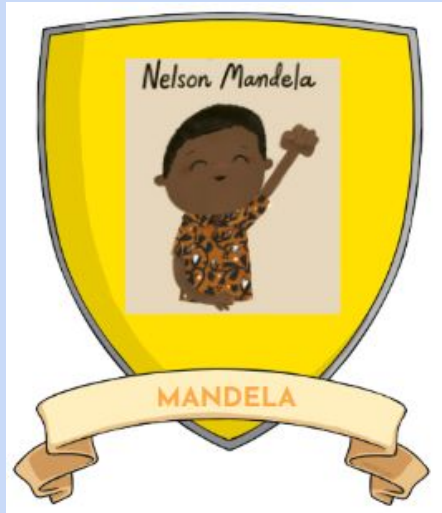
ATTENBOROUGH

Lucy (Captain)
Aeris (Deputy)

MANDELA

Grace
(Captain)
Archie (Deputy)

House Team Competitions



Each half term we host an inter house competition in school hours, which encourages collaboration and positively impacts our school culture and environment.

The winning house team is awarded with a non-uniform day on the last day of term!

End of Term Celebrations

On the last day of each half term, **every class** has a fun afternoon to celebrate.
This is unrelated to other recognition/rewards - every child is entitled to it.



The class activity will be decided by each teacher in collaboration with their pupils.