



Elmhurst Junior School

Motivated and empowered; influencing the world we live in to bring about positive change.

Autumn Term 1
Week 3
WC 22/09/25



A message from Ms Airey and the team



What a busy and engaging week it has been at Elmhurst! It seems the theme of "food" has been on many of our pupils' minds (and perhaps their stomachs!) as we saw some fantastic themed activities across the year groups.

Our Lower School pupils were true investigators this week, focusing on two very different but equally fascinating topics:

- Food Packaging: They took a close look at how food is presented, discussing everything from design and branding to the information labels on the side. This encouraged great discussion about choices and consumer awareness.
- Food Chains: The learning got scientific as they explored the 'who-eats-who' cycle in nature, helping them understand how energy moves through an ecosystem.

Meanwhile, a very exciting trip was had by our Year 6 pupils! The wonderful smell of pizza was definitely in the air as they visited Pizza Express. This wasn't just a delicious lunch—it was a hands-on experience, allowing them to see the process of food preparation from kneading the dough to adding the final toppings. A huge thank you to the staff at Pizza Express for making it such a memorable day.

The learning wasn't all about food, however! Our Year 5 pupils continued to demonstrate their engineering skills and scientific curiosity:

- Pneumatic Models: They made great progress on their pneumatic models, using air pressure to create movement. It's fantastic to see them apply their understanding of forces in such a practical way.
- Mass vs. Weight: They tackled an essential concept in physics, exploring the difference between mass (the amount of matter in an object) and weight (the force of gravity on that mass). This can be a tricky topic, but they showed excellent concentration and understanding.



Important Reminder Regarding Parking



We would like to once again remind parents and carers that our local residents do need to be able to access their properties at pick-up and drop-off times. We still have a few members of the school community who are parking over residents' driveways.

Please be considerate of our neighbours and ensure that when parking near the school, driveways remain clear. Your cooperation in keeping our local streets safe and accessible for everyone is greatly appreciated.

We would also like to remind you that it is illegal to park on the zigzag lines outside of the school.





Elmhurst Events



[CLICK HERE](#)



Tuesday 30th September	Yr6 parent/carer SATs meeting - 3.30pm
Friday 3rd October	Open Class session for parents 9:15am - 9:45am
Friday 3rd October	Year 3 and 4 Harvest Celebration (Year 3 & 4 parents only) 10am
Friday 10th October	Hello Yellow Day
Monday 13th October	Ash Class Parent teacher consultations 3.30pm until 5.00pm
Tuesday 14th October	Parent teacher consultations 3:30pm onwards (not Ash Class)
Thursday 16th October	Parent teacher consultations 3.30pm onwards
Thursday 16th October	Pupil individual photographs
Wednesday 22nd October	Yr6 visit to Wells Festival of Literature
Thursday 23rd October	Last Day of Autumn 1 Term for pupils
Half Term	
Monday 3rd November	First Day of Autumn 2 Term



Elmhurst Sports Events



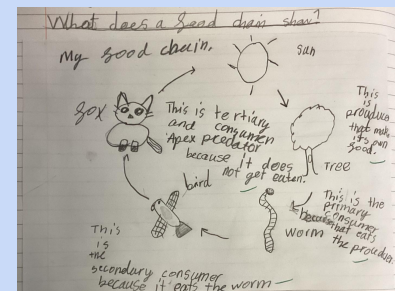
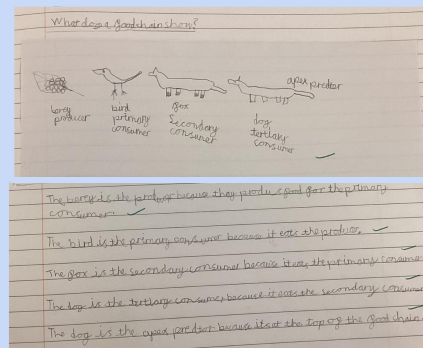
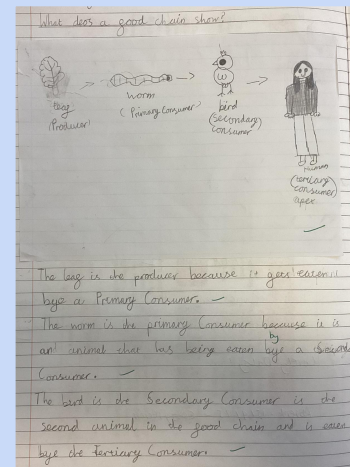
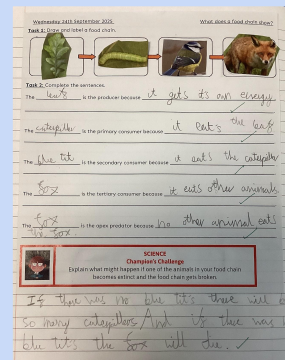
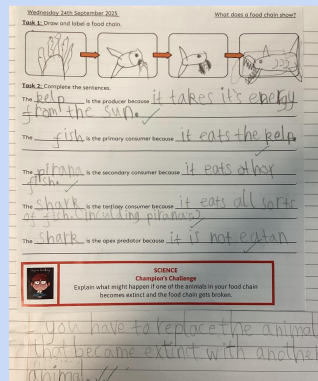
Tuesday 30th September	Cross country - Millfield Prep School - Edgarley. Everyone is welcome to attend. Please arrive by 3.35pm
Tuesday 7th October	Y6 Boys Football - Strode 1pm-3pm (letters to follow)
Tuesday 14th October	Girls Football - Strode 1pm - 3pm
Tuesday 4th November	Cross Country at Downside School
Half Term	
Tuesday 4th November	Cross Country at Downside School



Elmhurst Student Blog

Hi its Isabel and Hope here! This is what all the years have been doing this week!

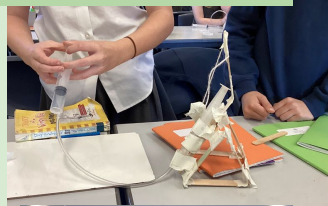
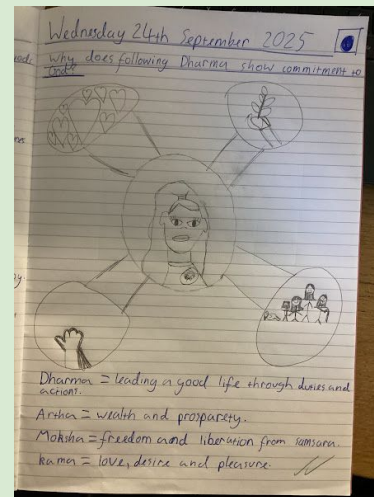
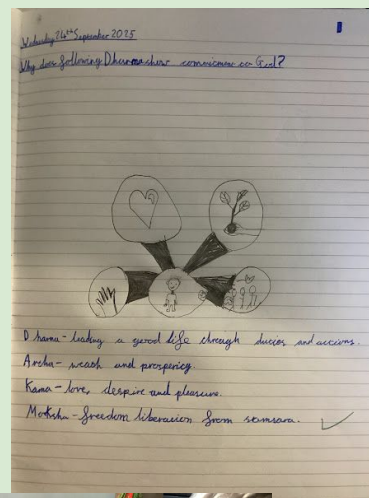
So first of all, Fir Class have been tested on their Maths and Reading they have done these tests with smiles on their faces and have been trying their best. Secondly, Ash class have been learning why they need to keep food fresh and how to keep food fresh. In Willow, the children have been learning to round numbers to the nearest ten hundred and also thousand! In Yew class (Y5) they have learned how to use fronted adverbials and commas by writing some beautiful sentences! Additionally, they took part in some drama sessions with Millfield playing some really fun games like fruit salad and family portrait! In Oak class, they had RE learning about Dharma, Karma and Moksha. They said that they enjoyed this lesson! Year 6, Hazel class, made blood using vegetable oil, milk, red food colouring syrup in Science. The vegetable oil represented plasma, syrup represented platelets, the milk represented the white blood cells and the red food colouring represented the red blood cells - they has so much fun creating it and recording it in their books! In our class, Rowan, we did something really exciting! We went to pizza express and made our own pizza we used dough and passata and added some mozzarella cheese we learned some techniques about how to knead the dough. We also learnt about whole foods. It only took four minutes to cook the pizza because the oven was so hot!. Our pizzas were very delicious we loved them!



In DT, we investigated food packaging to discover why it is important and how it helps keep food fresh. In Science, we have been learning about food chains. We drew a food chain and then wrote sentences explaining how energy from food is transferred from one living thing to another.

Year 3 & 4: Ash, Fir & Willow Class

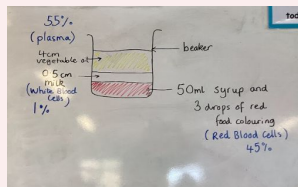
Another busy week. We have used spring balances in science to measure mass and weight - we have learnt the difference between the 2.



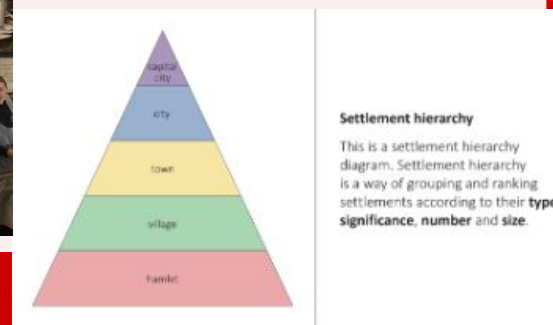
In DT we built a structure and fixed syringes to lift classroom items. We learnt about Dharma in RE. Parenthesis activities on the chromebooks in English and passing and defending in rugby. In Drama, we have been doing freeze frames.



Year 5: Oak & Yew Class



We have been busy this week in Science learning about the component parts of blood. We've used cooking oil, syrup, food colouring and milk to make blood. Rowan Class went to Pizza Express to make pizza's as part of our DT 'Whole Foods' topic. In Geography we have learning about Settlement Hierarchy.



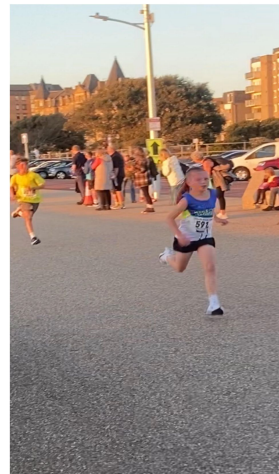
Year 6: Ash & Fir Class



Elmhurst Sports News



Last Saturday at Marine Parade Senior 5km Parkrun, Heath (year 5) finished 8th out of 226 adult runners and hit a new 5km parkrun PB of 19:33.



On Thursday evening Heath took part in the Weston Prom Run winter series for primary schools over 1 mile for year 6 and under. Heath won in a new 9yr old 1mile PB of 5 mins 44 seconds .



Elmhurst Sports News



Congratulations to Tom, Demba, Archie, Emily, Polly, Grace, Clark, Ralph, Darcy, Billie-Lou, Anayah and Lola for completing Level 2 of Bikeability.



Elmhurst Sports News



Cross Country

All children are welcome to take part in the junior cross country races. This year the first race will be on Tuesday 30th September at Millfield Prep School, Edgarley.

Children will need to make their own way to the event and then find Mrs Rousell who will give them a running vest and make sure that they are aware of the course. At the end of the race Mrs Rousell will register their place and hand it to the organisers.

The first race is usually between 3.45 and 4pm. We will be notified nearer the time.

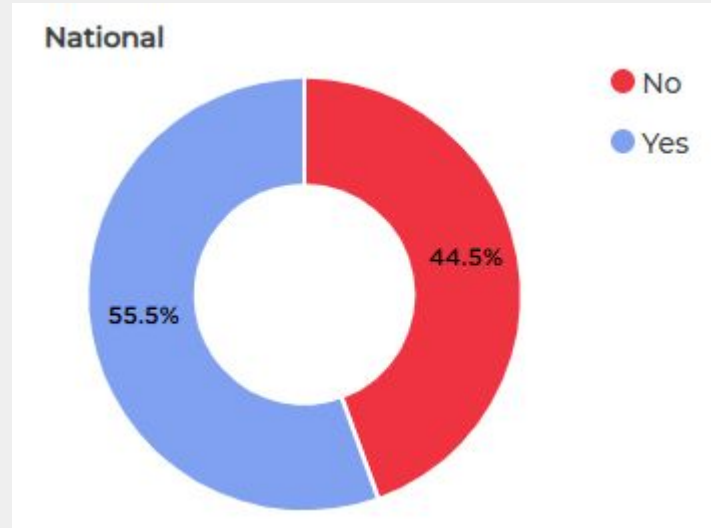
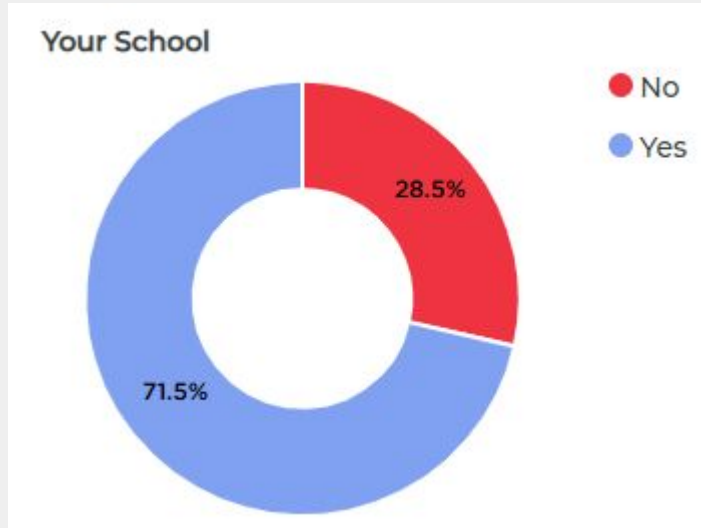
The year 3 and 4 girls race will be first followed by the year 3 and 4 boys. The upper school children will then run.

Please let Mrs Rousell know if your child would like to take part. It would be really good to have a team in each age category.



Course map for Tuesday's cross country race at Millfield Prep School, Edgarley.

Should sport always be fair?



This week, voters have been thinking about the Enhanced Games and how people's ideas about what is fair and unfair in sport can vary. Meanwhile, our younger voters considered our thoughts and feelings around cheating in games.

Year 3 and 4 parents and carers are
invited to join us at the

HARVEST festival

A Year 3 and 4 celebration with
songs and readings!

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OCT
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3RD

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10AM
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In the school hall AFTER the
Open Class session (9.15-9.45)

On **Friday 10th October** , we will be celebrating **World Mental Health Day** in school and raising funds for the **Young Minds Trust**.

If they wish, pupils are invited to wear **YELLOW** clothing to school in exchange for an **online donation** to the Young Minds charity.



Pupils will take part in **wellbeing activities** in school on this day as well as judging a **staff bake-off competition!**

We have been holding elections in class this week for our pupil **Wellbeing Warriors group**. The **elected candidates** will be announced next week.





FREE PARENT & CARER WEBINARS



Hosted by Somerset's Mental Health
Support Team

WONDERING HOW TO
SUPPORT YOUR
CHILD'S WELLBEING?



WHAT'S ON?

- SLEEP
- SUPPORTING BIG FEELINGS
- BUILDING SELF-ESTEEM & RESILIENCE



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